



# CULTURAL INTEGRATION GUIDE



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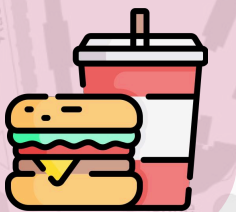
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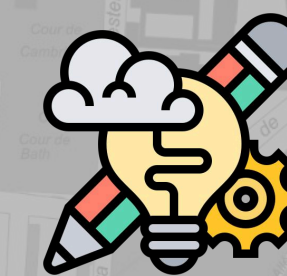


## SOCIAL ETIQUETTE

What was the starting point?



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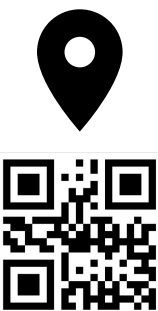




# CULTURAL INTEGRATION GUIDE

TEXT TO ENGAGE PEOPLE , WHY THIS IS A GOOD TOOL, WHAT YOU CAN FIND

## HISTORY AND ART

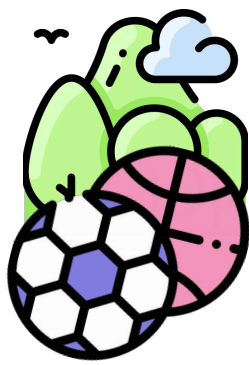


## FOOD AND LOCAL TRADITIONS



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THE QR  
CODES!

## NATURE AND SPORTS

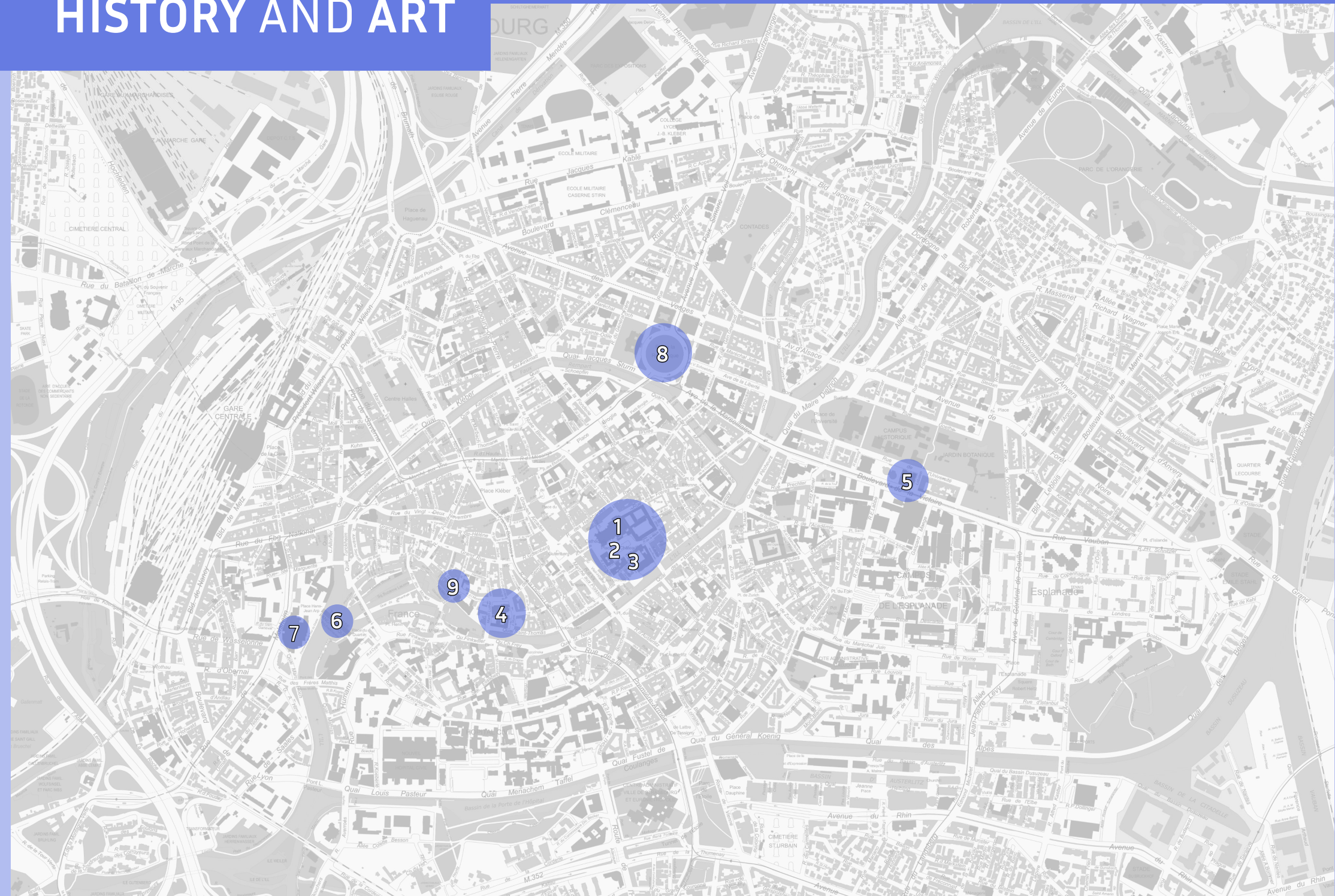


## SPOTS AND LANDMARKS





# HISTORY AND ART





# EVERYDAY TIPS

## Be present

Art is created to be admired. Look around, take in and be inspired. Remember, photos can't capture the actual beauty, so enjoy your opportunities.

## Surprise at the cinema

In addition to popcorn and nachos, you can eat hot dogs at the cinema in France. Be sure to try it! It remains to wish you a tasty screening!

## Do not touch

Sculptures, paintings and art installations are doing well for themselves. They don't need to be comforted by touch.

## Take your time

Admiring art is not racing. Museums take time. Enjoy the art heritage and don't rush others.

## Keep your voice down

Museums are not a place to chit-chat. Enjoy art in silence, respect this rule.



# HISTORY AND ART



## 1 – European Parliament

A symbol of EU unity in a bold, modern shell. Tours offer a peek into European politics—and one impressive glass dome.

## 2 – Musée de l'Œuvre Notre-Dame

Medieval art and stained glass galore, right next to the Cathedral. A quiet gem for lovers of Gothic beauty.



## 3 – Église Saint-Thomas

A Gothic gem with a Protestant soul. Known for its Silbermann organ and peaceful, light-filled interior.



## 5 – MAMCS

A sleek riverside museum showcasing modern and contemporary art. Expect big names like Rodin and Mapplethorpe, plus striking architecture and a laid-back café.

## 6 – Place du Château

A historic square surrounded by Strasbourg icons like the Cathedral and Palais Rohan. Now a scenic, stroll-friendly spot near Carré d'Or.



## 7 – Musée Zoologique

One of France's oldest natural history museums, packed with rare creatures past and present. Reopening in 2025 with a fresh, interactive take on biodiversity.

## 8 – Barrage Vauban

A 17th-century dam turned scenic lookout. Climb up for panoramic views of Petite France and a few surprise sculptures.



## 9 – Cathédrale Notre-Dame

Strasbourg's Gothic masterpiece—soaring spire, astronomical clock, and stunning views. A must-see in the heart of the city.

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# FOOD AND LOCAL TRADITIONS





# EVERYDAY TIPS

## Tarte flambée

It's a delicious, local dish.  
Skip the knife and fork, use your hand to eat it!

## No tipping culture

Here, you don't need to tip. It is not required.

## La formule magique

Always say bon appetit! before a meal  
and merci! afterwards.

## Rasing a toast

Always keep eye contact while rasing a toast.

## Don't call, look

Keep eye contact with the waiter.  
Please don't call them. It is not polite.



# FOOD AND LOCAL TRADITIONS



## 1. Tonton Gâteau

Step into Tonton Gâteau, discover a place that feels like a garden known for its traditional pastries with a modern twist.

## 2 – Jaune Citron

Boulangerie-pâtisserie offering classic French baked goods; possibly famous for lemon treats. Their cookies are the best in town !



## 3 – Au fond du jardin

Hidden tea room and patisserie, famous for its unique Kugelhopf cakes and a magical setting. Be careful, you need to book weeks in advance !



## 4 – Public House

Casual pub with beers and social vibes. You can eat the famous “tarte flambées” here. Popular spot among students, so you'll be able to enjoy the happy hour deals.

## 5 – Place du Marché Gayot

Authentic cobbled square near the cathedral where you can find a lot of restaurants and bar in a magical atmosphere.



## 6 – Place d'Austerlitz

Great if you are looking for a sunny terrace, dining and people-watching. It is less than 10 min by foot from the cathedral.



## 7 – La Fignette

A classic Alsatian 'Winstub' known for serving authentic regional dishes like Choucroute or Baeckeoffe in a traditional, cozy setting.

## 8 – Binchstüb

Specializing in Tarte Flambée (Flammekueche), this restaurant offers both traditional and creative variations of the Alsatian classic. They also have a good selection of craft beers.



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# SPOTS AND LANDMARKS



# EVERYDAY TIPS

## Bonjour!

Say hello at the beginning of **every** conversation.

## Dresscode

Express yourself! Be free, but mindful of others

## Validate your ticket

Remember to buy and validate your ticket outside the bus or tram, before getting on.

## Wait to be seated

In restaurants, cafes and bars.

## The principle of limited trust in traffic lights

Don't trust the red (or green) color while crossing the street. Lights seems to be (just) a suggestion for both - pedestrians and drivers. So look both ways before crossing the street.



# SPOTS AND LANDMARKS



## 1. Tonton Gâteau

Step into Tonton Gâteau, discover a place that feels like a garden known for its traditional pastries with a modern twist.

## 2. Aedaen Place Speakeasy

A place where you forget about everything, allowing for moments of connection and quiet conversations away from the hustle and bustle.



## 3. The Janus fountain

This location symbolizes Strasbourg's cultural duality and serves as a beloved spot for meeting, reflection, and connection.

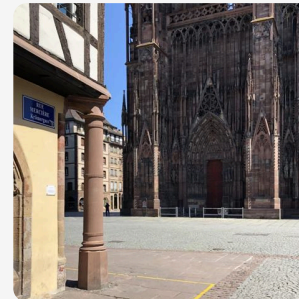


## 4. Code Bar Strasbourg

A sleek cocktail bar with a curated 10-drink menu, expert mixologists, and a personalized, high-quality experience.

## 5. Büchmesser

A historic local spot where Strasbourg's councilors tested their size yearly—a fun tradition still enjoyed today by the locals.



## 6. Rue des Tonneliers

The place is a charming historic street in Strasbourg, famous for cozy restaurants, wine bars, and a warm, inviting atmosphere.

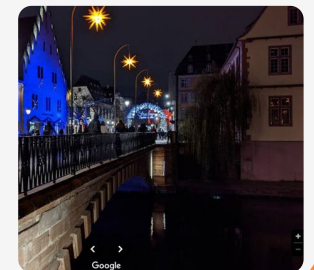


## 7. Quai des Bateliers

It is a quiet place with charming old houses, small cafés, and beautiful views of the water. It's perfect for a calm walk, away from the busy parts of the city.

## 8. From place du corbeau to quai koch

A scenic riverside walk from Place du Corbeau to Quai Koch showcases historic bridges, charming buildings, and peaceful spots perfect for picnics.



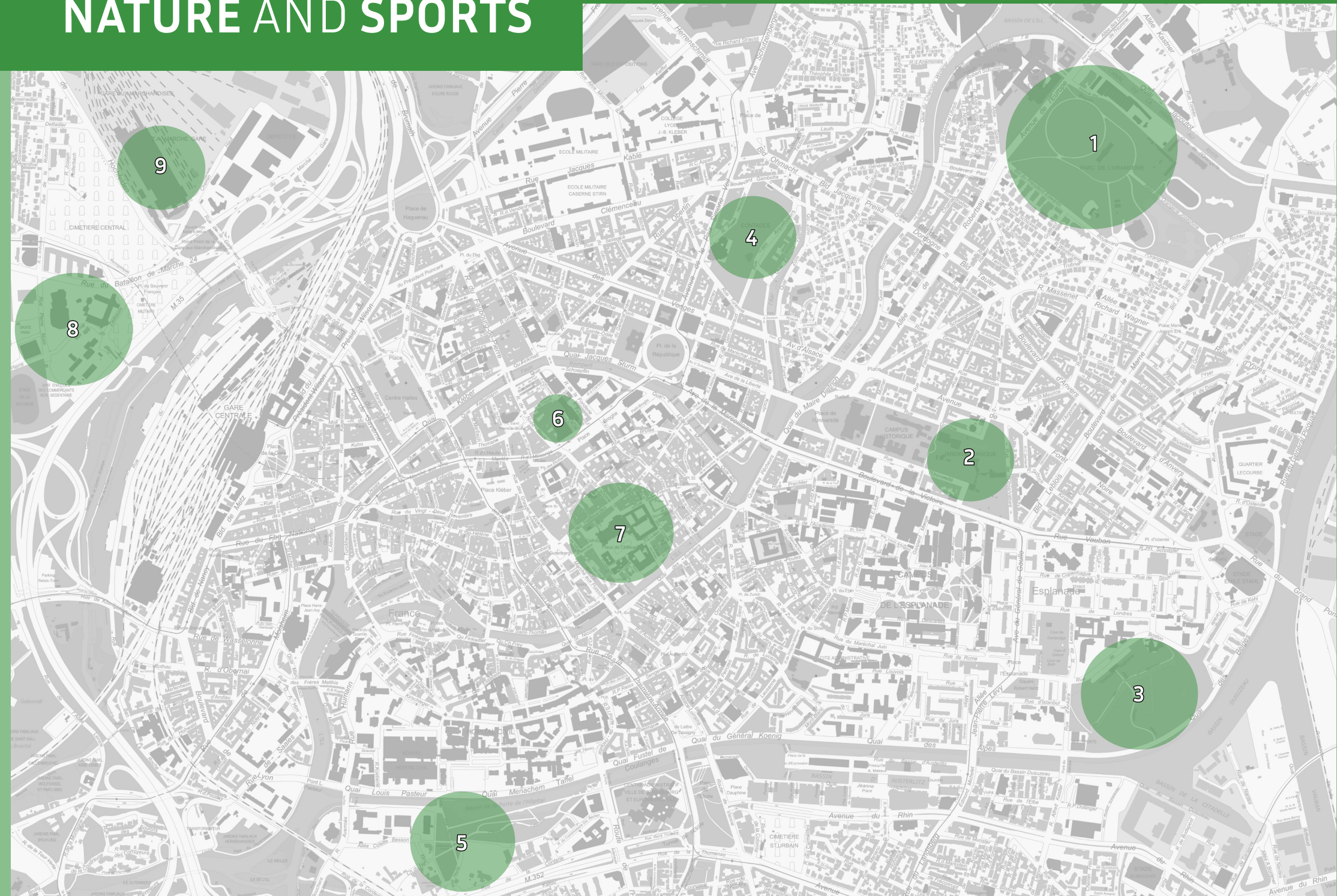
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# NATURE AND SPORTS





# EVERYDAY TIPS

## Let's maintain the charm of nature

France is beautiful. Please help keep it that way. Leave the places you visit in the same condition you found them. It doesn't matter if it's a park, a forest, a meadow. Let's collectively take care of nature's charm.

## Be aware of your surrounding

Bicycles are everywhere! What's more - they are quieter than cars. Watch out for them not only on the street, but also near bike paths and boulevard. If you are a cyclist - watch out for pedestrians, ride carefully. Remember your brakes and bell.

## Let's cheer!

How best to get to know a foreign country if not through food? By learning about the national sport! In Strasbourg, you can get to know the local sports teams. Remember that for some, cheering is not just a recreational activity, but also a way of life. Respect that.



# NATURE AND SPORTS

## 1. Parc de l'Orangerie



This picturesque park offers beautifully landscaped gardens. It's a popular spot for locals, especially families and joggers

## 2. Jardin Botanique

Jardin Botanique is a hidden gem for those who enjoy serene, educational walks, filled with exotic plants, greenhouses and labeled species.



## 3. Parc de la Citadelle



With its scenic bridges, waterways, and open fields, it's a favorite spot for picnics, group sports, or leisurely cycling.

## 4. Parc du Contades



Parc du Contades is a smaller yet elegant green space, ideal for international students who want a quick nature escape.

## 5. Heyritz Park

Heyritz Park includes open lawns, water features, and a boardwalk that's perfect for walking or skating.



## 6. Vélhop



Biking is deeply woven into the lifestyle of Strasbourg residents, and using Vélhop is an easy way to adapt to local transportation habits



## 7. Mercredi Run Strasbourg

Every Wednesday at 18:30, locals gather near the Strasbourg Cathedral for the Mercredi Run: a friendly 8 km group run followed by socializing.

## 8. The CSGSA

It offers a wide range of sports classes open to the public, including ice skating, hockey and gymnastics.



## 9. Stride Strasbourg Indoor Bike Park

Perfect for thrill-seekers, Stride Strasbourg offers an indoor space with tracks for BMX, MTB and freeride.

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